

Reveal Your Sexy Systems

Turn Your Proven Systems Into
A Product You Can Sell

*Over and
Over
Again!*

Handout:
Finding Your
Secret Self Worksheet

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sexy systems for more success in your business

Looking back...

What gave me the most joy? When was I happiest as a child?

What was I doing when I was happiest?

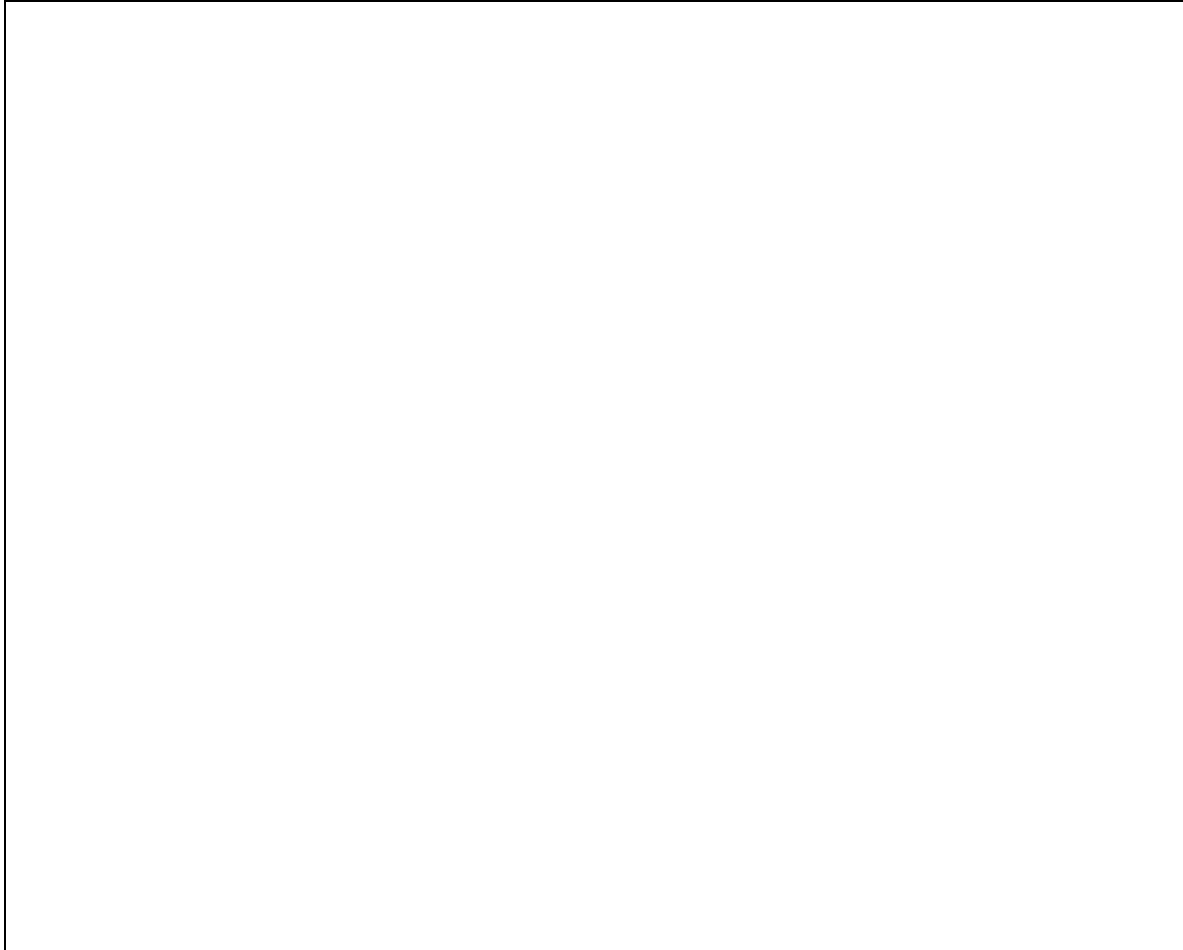
What always made me forget my problems?

What was it about _____ that I loved so much? (*Touch, scent, taste, sight, feeling*)

What was my very first ambition? What did I want to be, when I grew up?

Finding Your Secret Self Worksheet

[OPTIONAL] INSERT A COPY OF YOUR FAVORITE CHILDHOOD PHOTO OF YOURSELF IN THE BOX, BELOW:



What were you doing in that photo?

What makes you happy when you look at it?

How did you feel that day?

What made you feel that way?

Looking to the present...

What did I wish I had, one year ago (*think things/products to help you on your own journey*)

I am happiest...

- Watching
- Making with my hands
- Listening to
- Reading

My followers are happiest...

- Making with their hands
- Watching
- Listening to
- Reading

What is my favorite:

- Activity _____
- Relaxation technique _____
- Energizer and battery recharger _____
- Place to be _____

What would I like to create right now?

Remember—THERE ARE NO “RIGHT” OR “WRONG” ANSWERS: This is just an exercise to get your creative right-brain stimulated. HAVE FUN!